



City of Richmond Parks, Recreation and Community Facilities



# INDOOR LACROSSE

Registration beginning immediately

For forms and more information, please email us at [James.Zamparello@richmondgov.com](mailto:James.Zamparello@richmondgov.com) or call us at 646-1832

- **When:**  
Sundays 10am-5pm,  
Beginning January, 10 2010
- **Participant ages:** 6-16
- **Cost:**  
League:\$110 per child
- **Clinic:** Free Saturday December 5, 2009  
12-1pm

The Richmond Police Athletic League hosts an indoor program that will be held at **SCOR, 1405 Overbrook Rd. Richmond VA** go to [www.Scor-richmond.com](http://www.Scor-richmond.com) or [www.RichmondPal.com](http://www.RichmondPal.com) for more information. Each child must bring his/her own equipment i.e. helmet, shoulder pads, stick and gloves.

Games will played on Sundays at **SCOR**  
**Between the hours of 10am-5pm**

Instructional 6-7	Minor 8,9,10	Junior 11,12,13	Senior 14,15,16	Girls 13-15
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PAL will offer a Lacrosse skills clinic 12/50/09 from 12pm—1pm. Work on skills and join in on a pick up game at SCOR 1405 Overbrook Rd. Free T-shirt while supplies last.

Player Name \_\_\_\_\_

DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Age as of Aug 1, 2008 \_\_\_\_ Male Female Years Played \_\_\_\_

School \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # \_\_\_\_\_ Bus # \_\_\_\_\_ Cell # \_\_\_\_\_

Parents Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

I am interested in: Coaching Assistant Coach Referee

Team parent Scorekeeper Other

Shirt size Youth– Med large Adult- Small Medium Large

Please make Checks payable to: **Richmond Police Athletic League**

Indoor LAX Fee	\$ 110.00	
Total		

Richmond Police Athletic League  
1365 Overbrook Road  
Richmond Virginia 23220

Forms can be delivered or mailed to our offices at 1365 Overbrook Road or faxed to 804-646-3292 but no application is officially accepted until payment is received. Deadline for application is December 30th, 2009.